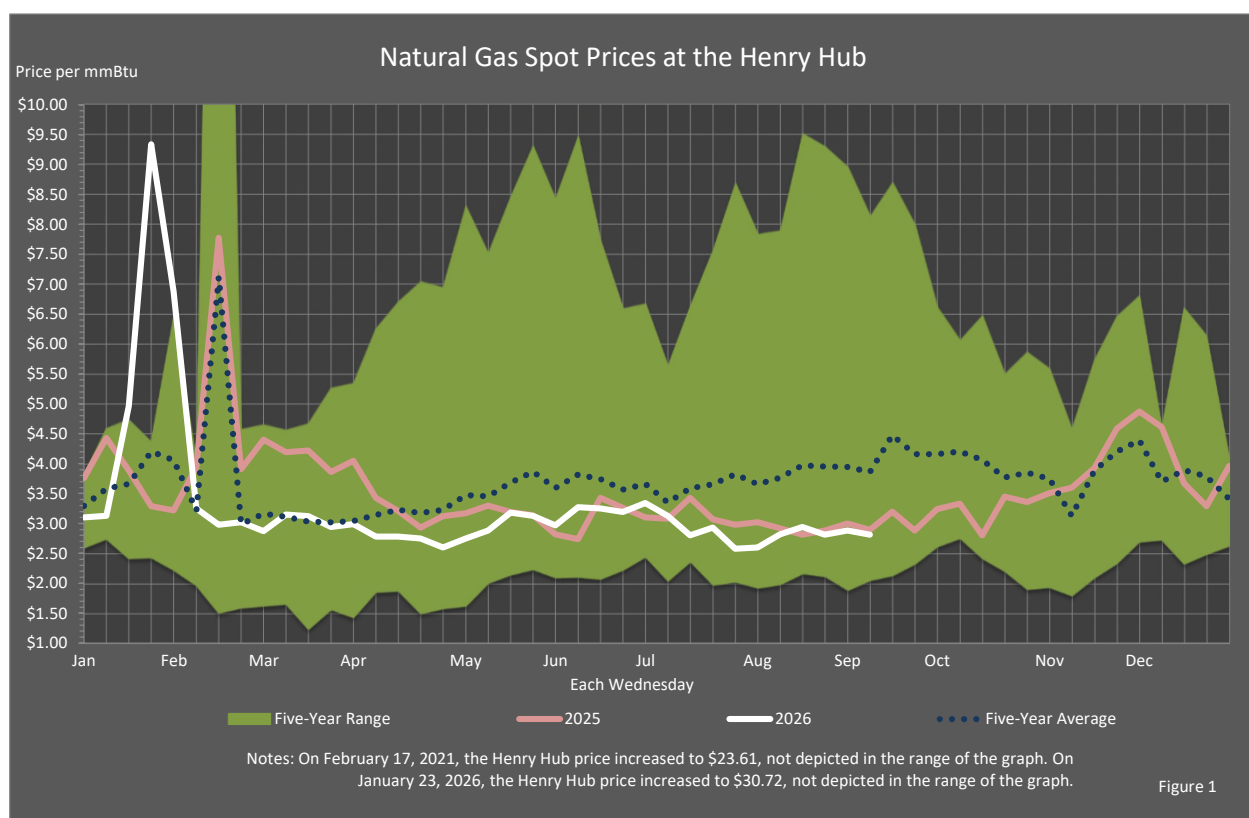




## Natural Gas Spot Prices at the Henry Hub 2026

[Price per Million British Thermal Units (mmBtu)]

| Day | Jan     | Feb     | Mar    | Apr    | May    | Jun     | Jul     | Aug    | Sep     | Oct | Nov | Dec |
|-----|---------|---------|--------|--------|--------|---------|---------|--------|---------|-----|-----|-----|
| 1   | Holiday |         |        | \$2.99 | \$2.63 | \$3.07  | \$3.34  |        | \$2.90  | NA  |     | NA  |
| 2   | Holiday | \$4.40  | \$2.99 | \$2.86 |        | \$2.97  | \$3.34  |        | \$2.88  | NA  |     | NA  |
| 3   |         | \$4.11  | \$3.10 | NA     |        | \$2.97  | Holiday | \$2.81 | \$2.95  | NA  | NA  | NA  |
| 4   |         | \$6.88  | \$2.87 |        | \$2.67 | \$3.08  |         | \$2.74 | \$2.92  |     | NA  | NA  |
| 5   | \$2.82  | \$5.28  | \$2.90 |        | \$2.83 | \$3.05  |         | \$2.60 |         |     | NA  | NA  |
| 6   | \$2.85  | \$4.37  | \$3.10 | \$3.04 | \$2.75 |         | \$3.29  | \$2.60 |         | NA  | NA  |     |
| 7   | \$3.10  |         |        | \$3.01 | \$2.70 |         | \$3.13  | \$2.56 | Holiday | NA  | NA  |     |
| 8   | \$2.92  |         |        | \$2.78 | \$2.75 | \$3.10  | \$3.13  |        | \$2.90  | NA  |     | NA  |
| 9   | \$2.87  | \$3.25  | \$3.25 | \$2.78 |        | \$3.18  | \$3.17  |        | \$2.81  | NA  |     | NA  |
| 10  |         | \$3.18  | \$3.08 | \$2.64 |        | \$3.27  | \$2.73  | \$2.72 | \$2.76  | NA  | NA  | NA  |
| 11  |         | \$3.25  | \$3.15 |        | \$2.82 | \$3.16  |         | \$2.79 | \$2.71  |     | NA  | NA  |
| 12  | \$2.90  | \$3.43  | \$3.27 |        | \$2.91 | \$3.06  |         | \$2.82 |         |     | NA  | NA  |
| 13  | \$3.00  | \$3.24  | \$3.20 | \$2.79 | \$2.88 |         | \$2.83  | \$2.82 |         | NA  | NA  |     |
| 14  | \$3.13  |         |        | \$2.79 | \$2.79 |         | \$2.76  | \$2.79 | \$2.85  | NA  | NA  |     |
| 15  | \$2.92  |         |        | \$2.78 | \$2.89 | \$3.06  | \$2.80  |        | \$2.97  | NA  |     | NA  |
| 16  | \$3.06  | Holiday | \$3.03 | \$2.78 |        | \$3.10  | \$2.83  |        | NA      | NA  |     | NA  |
| 17  |         | \$3.13  | \$3.14 | \$2.71 |        | \$3.25  | \$2.75  | \$2.77 | NA      | NA  | NA  | NA  |
| 18  |         | \$2.98  | \$3.12 |        | \$3.07 | \$3.08  |         | \$2.82 | NA      |     | NA  | NA  |
| 19  | Holiday | \$3.09  | \$3.21 |        | \$3.23 | Holiday |         | \$2.94 |         |     | NA  | NA  |
| 20  | \$4.00  | \$3.15  | \$3.04 | \$2.81 | \$3.18 |         | \$2.80  | \$2.94 |         | NA  | NA  |     |
| 21  | \$4.96  |         |        | \$2.76 | \$3.14 |         | \$2.80  | \$2.82 | NA      | NA  | NA  |     |
| 22  | \$8.42  |         |        | \$2.75 | \$2.92 | \$3.16  | \$2.93  |        | NA      | NA  |     | NA  |

| Day                                               | Jan     | Feb    | Mar    | Apr    | May     | Jun    | Jul    | Aug    | Sep | Oct | Nov | Dec |
|---------------------------------------------------|---------|--------|--------|--------|---------|--------|--------|--------|-----|-----|-----|-----|
| 23                                                | \$30.72 | \$3.13 | \$2.94 | \$2.65 |         | \$3.15 | \$2.92 |        | NA  | NA  |     | NA  |
| 24                                                |         | \$2.99 | \$2.90 | \$2.54 |         | \$3.19 | \$2.87 | \$2.83 | NA  | NA  | NA  | NA  |
| 25                                                |         | \$3.02 | \$2.94 |        | Holiday | \$3.21 |        | \$2.70 | NA  |     | NA  | NA  |
| 26                                                | \$25.01 | \$2.94 | \$2.99 |        | \$3.10  | \$3.26 |        | \$2.81 |     |     | NA  | NA  |
| 27                                                | \$17.19 | \$2.99 | \$2.99 | \$2.72 | \$3.13  |        | \$2.63 | \$2.89 |     | NA  | NA  |     |
| 28                                                | \$9.34  |        |        | \$2.70 | \$3.04  |        | \$2.65 | \$2.82 | NA  | NA  | NA  |     |
| 29                                                | \$10.25 |        |        | \$2.60 | \$3.34  | \$3.33 | \$2.58 |        | NA  | NA  |     | NA  |
| 30                                                | \$7.18  |        | \$2.88 | \$2.64 |         | \$3.34 | \$2.65 |        | NA  | NA  |     | NA  |
| 31                                                |         |        | \$2.88 |        |         |        | \$2.59 | \$2.90 |     | NA  |     | NA  |
| <b>Note:</b> NA indicates price is not available. |         |        |        |        |         |        |        |        |     |     |     |     |

**Source:** From January 1, 2026, to the present: *Henry Hub Natural Gas Spot Price*. Energy Information Administration, Washington, DC. Nebraska Department of Water, Energy, and Environment, Lincoln, NE.

**Notes:** To obtain the price per hundred cubic feet (ccf) or the approximate price per therm, divide the price by ten (10). NA indicates price is not available.

A general rule of thumb: Add three dollars to the Henry Hub spot price to estimate the residential natural gas price. Likewise, add 30 cents if you have already converted the price from British thermal units to ccf or therms.